

Memorial Van Damme 2009 • Biographical Summaries • Men

Men's 3000m Steeplechase

19:20



2009 World Best: 7:58.85 Ezekiel Kemboi KEN Doha 5 May 09

There's a bonus for anyone who can go sub-8

		Age	(Days)	Born	Season's Best	Personal Best
1,	GARI Roba ETH New Ethiopian record holder ... 2007 World finalist ... 5 African Games 2007; 10 WCH 2007; ht OLY 2008. 1 Ethiopian 2005/2007 In 2009: 1 Mustasaari 3000; 1 Ethiopian; 1 Rio de Janeiro; 1 Dessau; 2 Eugene; 7 Ostrava; 5 Athens (broke Ethiopian record with 8:12.03); 9 Paris Golden League; 6 WCH	27y	145d	1982	8:12.03	8:12.03 -09
2,	KESKISALO Jukka FIN Shock European Champion in 2006 after being only sixth at the bell 5000 pb: 13:39.81 -09. 7 EJC 99; 7 WJC 2000; 3 under-23 ECH 2003; 3 ECP 2006; 1 ECH 2006; 4 WCP 2006; 8 WCH 2009 (2003-9, 2005-ht). 1 Finnish 2003/2005/2006/2008 (1 1500 2003/2006/2009). At WXC: 99-109J. At EXC: 99-78J, 2000-46J In 2009: 12 Stanford 10,000 'B'; 9 Mt. SAC Relays 5000 'B'; 9 Hengelo; 1 Huelva; 1 Kuortane 3000; 1 Tampere; 1 ETCh 1st League; 2 Lappeenranta 5000; 3 Paris Golden League; 1 Joensuu 3000; 1 Lapinlahti 2000; 4 Monaco; 1 Finnish 1500; 8 WCH; 1 Tallinn 1500 (pb 3:38.90); 6 Zurich Golden League (broke the 33 year-old Finnish record of Tapio Kantanen); 1 SWE v FIN	28y	161d	1981	8:10.67	8:10.67 -09
3,	KIPTEREGE Elijah KEN Full name-Elijah Chelimo Kipterege (usually he's called Elijah Chelimo) 4 African Games 2007. 2 Kenyan 2008/2009 In 2009: 5 Doha; 3 Rabat; 3 Hengelo; 2 Bydgoszcz; 5 Ostrava; 2 Kenyan; paced Paris Golden League; 3 Barcelona; 7 Monaco; 12 Stockholm; 9 Zurich Golden League	25y	177d	1984	8:10.63	8:10.63 -09
4,	KOECH Paul Kipsiele KEN 2004 Olympic bronze ... could not qualifying for Kenyan team for the 2007 World Championships & 2008 Olympic Games ... 6x below eight minutes but not since Brussels 2007 3000 pb: 7:33.93 -05. 5000 pb: 13:11.26 -05. 1500 pb: 3:37.92 -07. 2 African Games 2003; 3 OLY 2004; 1 African Champs 2006; 2 WCP 2006; 2 WIC 3000 2008; 4 WCH 2009 (2005-7). Not to be confused with two other (older) Kenyan athletes of the same name of Paul Koech ... youngest of eight sons ... wife-Irene Koech His only steeplechase defeat of 2008 was, crucially, at the Kenyan Olympic Trials In 2009: 2 Doha; 1 Rabat; 1 Eugene; 3 Ostrava; 6 Kenyan World Trials; 4 WCH; 3 Zurich Golden League	27y	298d	1981	8:01.26	7:56.37 -05
5,	MATELONG Richard KEN Full name-Richard Kipkemboi Matelong 2009 World silver ... 2007 World bronze ... 2008 Olympic bronze 1 African Champs 2008 (2004-2); 3 OLY 2008; 2 WCH 2009 (2007-3). 1 Kenyan XC 2007. At WXC: 2007-dnf. He has the rank of Constable in the Kenyan Police where he is a PT instructor based in Nyeri ... wife-Ruth Chepkemboi, their son Kipchumba born 2006 In 2009: 2 Rabat; 4 Hengelo; 3 Bydgoszcz; 1 Kenyan; 2 Kenyan World Trials; 2 WCH; 5 Zurich Golden League	25y	325d	1983	8:00.89	8:00.89 -09
6,	MOHAMED Mustafa SWE World & Olympic steeplechase finalist; fourth in Gothenburg 2006 & Osaka 2007 where he was the first non-Kenyan 5000 pb: 13:32.08 -07. 2 EJC 10,000 97; 8 WJC 98; 4 ECH 2006; 4 WCH 2007 (2003-ht, 2005-10, 2009-14); 10 OLY 2008 (2004-13); 1 ETCh 2009. At WXC: 98-54J, 2007-28. At EXC: 97-3J, 98-6J, 2000-73, 2002-59, 2003-20, 2004-22, 2005-14, 2006-3, 2007-2, 2008-3. 1 Swedish 2002/2003/2008 (1 5000 2007). Former footballer ... mother-Somalian; stepfather-Swedish who was aid worker in Somalia ... brother Ahmed is an international steeplechaser ... born-Mogadishu ... coach-Ulf Friberg In 2009: 2 European Clubs XC; 1 Swedish XC; 13 Nijmegen 1500; 6 Rehlingen 3000; 7 Gothenburg 5000; 9 Ostrava; 1 ETCh; 6 Paris Golden League; 7 Stockholm; 14 WCH; 11 Zurich Golden League; 2 SWE v FIN	30y	187d	1979	8:18.44	8:05.75 -07
7,	TAHER Tareq Mubarak BRN TRANSFEE – Formerly: Dennis Kipkurui Keter KEN Found guilty of lying about his age in order compete at world championships as a youth and a junior 2000SC pb: 5:23.95 -05. dq World Youth 2005 (originally 1st); 15 WCH 2005; 11 WIC 3000 2006; dq WJC 2006 (originally 2nd); 8 WCP 3000 2006; 8 WCH 2007 (2009-10); 11 OLY 2008. At WXC: 2005-9, 2006-dq (originally 19th) In March 2007 the IAAF reported: "After an extensive investigation by the IAAF, fully supported by the Kenyan government, it has emerged that the athlete falsified a birth certificate in order to obtain a Kenyan passport listing his birthday as 1 Dec 1989, when his real date of birth was 1 Dec 1986." Therefore he was over-age when he competed at the 2005 World Youth Championships, 2006 World Junior Cross Country Championships and 2006 World Junior Championships, the IAAF have officially annulled these "junior" performances In 2009: 4 Doha; 4 Rabat; 1 Bydgoszcz; 4 Ostrava; 3 Athens; 1 Heusden; 1 Monaco; 10 WCH; paced Zurich Golden League	22y	277d	1986	8:06.13	8:06.13 -09
8,	MUTAI Abel KEN Full name-Abel Kiprop Mutai Former World Youth & African Junior Champion 1 World Youth 2000SC 2005; 1 African junior 2007 In 2009: 3 Kenyan; 1 Velenje; 4 Athens; 4 Paris Golden League; 5 Kenyan World Trials; 5 Monaco; 3 Stockholm	20y	336d	1988	8:11.40	8:11.40 -09
9,	RAMOLEFI Ruben RSA South African record holder & 6x Champion ... 9 WSG 5000 2003; 5 African Champs 2004; 3 WSG 2005; 7 COM 2006; 8 African Games 2007; 14 OLY 2008; 13 WCH 2009 (2005/2007-ht). 1 South African 2004/2005/2006/2007/2008/2009 (1 5000 2005). At WXC: 2005-38 short. Former footballer, he played in the South African League In 2009: 1 Durban; 1 Port Elizabeth; 1 Stellenbosch; 1 South African; 7 Rabat; 4 Kuortane 3000; 2 Tampere 1500; 1 Turku 1500; 8 Sollentuna 1500; 10 Paris Golden League; 3 Monaco; 13 WCH; 12 Zurich Golden League	31y	49d	1978	8:11.63	8:11.63 -09
10,	LANGAT David KEN PACEMAKER – 2:39 to 1000m, 5:20 to 2000m (to be shared with his namesake Patrick, they are not related to one another) Full name-David Kiprono Langat 5 Kenyan 2007 In 2009: paced Paris Golden League; paced Zurich Golden League	26y	178d	1983	-	8:24.19 -08

11,	LANGAT Patrick KEN	20y	135d	1989	8:21.38	8:19.13 -08
	PACEMAKER – 2:39 to 1000m, 5:20 to 2000m (to be shared with his namesake David, they are not related to one another) Full name-Patrick Kipkirui Langat 5000 pb: 13:45.21 -06 In 2009: 4 Baie Mahault; 2 Río de Janeiro; 2 Dessau; 4 Bydgoszcz; 2 Königs Wusterhausen; 1 Moscow Open; 9 Athens; 8 Kenyan World Trials					
12,	BUC Bostjan SLO	29y	143d	1980	8:32.21	8:16.96 -03
	Slovenian record holder & 10x Champion ... 7 under-23 ECH 2001; ht ECH 2002/2006; ht WCH 2003/2005/2007/2009; ht OLY 2004/2008. 1 Slovenian 99-2007/2009. At WXC: 99-85J, 2002-96 short, 2003-38 short, 2004-85 short, 2005-108 short. At EXC: 97-33J, 98-54J, 99-82J, 2003-dnf, 2004-73 In 2009: 10 International Military Champs 1500; 7 ETCh 1st League; 1 Slovenian; 10ht WCH					
13,	DESMET Pieter BEL	26y	89d	1983	8:23.81	8:15.02 -07
	2005 European under-23 steeplechase bronze ... 8 EJC 2001; ht WJC 2002; 3 under-23 ECH 2005; ht WCH 2005/2007/2009; ht ECH 2006; ht OLY 2008. At WXC: 2002-76J, 2004-64 long. At EXC: 2001-49J, 2002-4J, 2003-53, 2004-52, 2006-21, 2007-13 In 2009: 4 Stanford; 2 Aalst; 12 Rabat; 12 Nijmegen; 14 Hengelo; 4 Prague; 4 ETCh 1st League; 4 Heusden; 12 Monaco; 9ht WCH					
14,	KIPYEGO Mike KEN	25y	337d	1983	8:08.48	8:08.48 -09
	2002 World Junior Champion ... 8 World Youth 3000 99; 2 African junior 2001; 1 WJC 2002; ht WCH 2003; 2 African Champs 2008. At WXC: 2002-12J, 2003-4 short, 2007-6. Full name-Michael Kipkorir Arap Kipyego In 2009: 6 Doha; 5 Hengelo; 6 Athens; 4 Kenyan World Trials; 2 Monaco; 1 Stockholm					
15,	KRISTENSEN Bjørnar Ustad NOR	27y	221d	1982	8:28.57	8:16.75 -07
	10 EJC 2001; ht WIC 3000 2006; ht ECH 2006; ht EIC 3000 2007; ht WCH 2007/2009. At EXC: 2001-59J. 1 Norwegian 2005/2006/2007/2009 In 2009: 12 Hengelo; 7 Florø 3000; 3 ETCh 1st League; 4 Oslo Golden League 3000; 7 Heusden; 1 Norwegian; 6ht WCH					
16,	SZYMKOWIAK Tomasz POL	26y	61d	1983	8:21.32	8:21.32 -09
	4x Polish Champion ... 7 under-23 ECH 2005; ht ECH 2006; 6 WSG 2007; 5 ECP 2008; ht OLY 2008; ht WCH 2009. 1 Polish 2006/2007/2008/2009 In 2009: 4 Polish 10,000; 7 Warsaw 1500; 5 Bydgoszcz; 11 Ostrava; 6 ETCh; 1 Sopot 3000; 4 Moscow Open; 1 Polish; 1 Amsterdam 3000; 7ht WCH; 7 Tallinn					
17,	VAN KOOLWYK Krijn BEL	28y	5d	1981	8:24.22	8:17.11 -05
	ht WCH 2005/200/2009. At WXC: 2000-73J, 2004-85 long. At EXC: 2000-53J, 2004-40, 2005-58, 2008-21. 1 Belgian junior XC 2000 In 2009: 11 Rabat; 25 Nijmegen; 10 Heusden; 19 Barcelona; 8ht WCH					
18,	HULING Dan USA	26y	50d	1983	8:21.65	8:20.84 -08
	ht WCH 2009. 2 US Champs 2009 (2006-3). Graduate in Marketing from Miami University. Coach-Robert Gary In 2009: 5 US indoor 3000; 8 Eugene; 2 Indianapolis; 2 US Champs; 13 Ghent; 10 Monaco; 12ht WCH					